

List of Institutes having CCRYN-CCMBIY Scheme**Date: 06/07/2026**

S. No	Institute Name	PI Name	Year of Award	Project Cost	Status
1.	AIIMS-Rishikesh, Uttarakhand	Prof. (Dr) Vartika Saxena	2021	2,50,00,000	Ongoing
2.	AIIMS-Raipur, Chhattisgarh	Dr Vikram Pai	2021	2,50,00,000	Ongoing
3.	PGIMER Chandigarh	Prof. Akshay Anand	2021	2,50,00,000	Ongoing
4.	SVYASA, Bengaluru, Karnataka	Dr. Apar Saoji	2025	2,50,00,000	Ongoing
5.	National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru, Karnataka	Dr. Hemant Bhargav	2025	2,50,00,000	Ongoing
6.	AIIMS-Bopal, Madhya Pradesh	Dr. Babita Raghuwanshi	2025	2,50,00,000	Ongoing
7.	AIIMS-Jodhpur	Dr. Naveen	2025	2,50,00,000	Ongoing
8.	AIIMS-Bibinagar, Telangana	Dr. Rohini Motwani	2025	2,50,00,000	Ongoing
9.	AIIMS-New Delhi	Dr. Gautam Sharma	2025	2,50,00,000	Ongoing

Details of IMR Projects

Sl. No.	Title of the project	Name of PI	Year/Duration/ Institute	Budget	Status
10.	Reporting quality of Randomized Controlled trials Yoga Intervention for Cancer	Dr Deenadayalan B	2025-2026/CCRYN-HQ	1,96,000	Completed
11.	Clinical efficacy of mud therapy on knee osteoarthritis: An umbrella review	Dr N V Gnana deep T	2026-2027/CCRYN-HQ	1,95,000	Ongoing
12.	A randomized control trial of six months of yoga based comprehensive treatment module vs. standard therapy in improving severity of	Dr. Piyush Ranjan	2022-23/AIIMS Delhi	47,15,042	Ongoing

	symptoms, disability and quality of life in patients with medically unexplained physical symptoms.				
13.	Effect of yogic kriya on brain functional in healthy adults: a randomized controlled trail in Pune	Dr. Sarika Chaturvedi	2022-23/DPU	34,07,066	Ongoing
14.	Effect of yoga on cognitive function, activities of daily living, self-reported depression, and heart rate variability in subjects with vascular dementia.	Dr. Mina Chandra	202 0-21/RML	-	Ongoing
15.	To explore the effects of yoga and pulmonary rehabilitation in patients with interstitial lung disease and examine their molecular basis.	Dr. Vishal Bansal	2022-23/VPCI (Three years)	55,10,070	Ongoing
16.	To study the effect of yoga therapy in reducing pain, improving walking time and quality of life in the management of osteoarthritis of the knee-A two-arm randomized prospective control study	Dr. Sujatha George	2021-22/SJH	2,65,000	Ongoing
17.	Understanding effect of	Dr. Amit Prasad	2022-23/IIT Mandi	48,18,840	Ongoing

	common yoga protocol on immune function by functional and metabolomic characterization of innate immune cells				
18.	Yoga as an Eco-Therapy for achieving united nations sustainable development Goal an explorative study	Dr. Aarti Jagannathan	NIMHANS 30 th September 2024	9,74,908	Completed